

# ADAM AND HIS ADVENTURE IN BEDTIME TOWN





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It is early morning. The sun is just breaking through Adam's bedroom window. Adam is lying asleep in his bed.



Adam yawns as he wakes up. He turns over; then sits up with a start and looks under the bedclothes.



He has wet the bed.

Adam is embarrassed and disappears beneath the bedclothes, avoiding the wet patch and pretending all is well.



Adam pulls his knees up in bed and he looks very sad.

Just then, the air around Adam's bed starts to shimmer and change colour... a face pops into view followed by a body.



Captain Drybed pulls out a poster from under her cape and unrolls it to show Adam. She lets go of the poster and it flies magically up onto Adam's bedroom wall.

Hello Adam, I heard you were upset so I thought I would offer my assistance... I need to visit another child first but it means we have to go to Bedtime Town...



Bedtime Town? I have never heard of it... how are we going to get there? I don't know if there is a bus that goes there

Captain Drybed gives Adam a magical wink...

Just hold my hand... we don't need a bus




In no time at all Adam and Captain Drybed are whizzing through the air until they reach Bedtime Town, where it is always night.


Hoot  
hoot



They see a house with a bedroom light on and fly closer, landing on the roof.




Whose house is this?




This is Bella Buttercup's house. She often wets the bed and her family don't know what to do. That's where I come in!

They look through the roof window...



How many times do I have to tell you not to do this!!!



Why did you do this again?



Mrs Buttercup is not happy with Bella, who is crying in her wet bed.

Captain Drybed and Adam jump through the window.

Who are you?



I'm Captain Drybed and this is Adam, and we're here to help. We know how Bella can stop wetting the bed.






Captain Drybed explains all about bedwetting and how it's not Bella's fault. The family listen in awe. Even their pet parrot is paying them its full attention.

The most important thing is that you take Bella to see your family doctor who is the best person to help her, as bedwetting can be treated




The Buttercup family are speechless, except for their parrot, who chirps away.



Don't forget to stay calm Bella.  
Remember to do as your doctor says...  
And pee time comes before bedtime

The panel shows a large red and blue parrot on the left, speaking. On the right, a woman with black hair and a young girl with brown hair are looking at the parrot. The background is a warm orange-yellow gradient.

The Buttercup family are so grateful.



How can we thank you;  
would you like to stay  
for a drink?

The panel shows a woman with black hair on the left, speaking. In the center, a girl in a blue superhero suit with 'DB' on the chest and a boy are looking at her. On the right, the red and blue parrot is also looking towards the woman. The background is white.

It's too late for a drink,  
it's bedtime!



HA HA HA  
HA HA

The panel shows the woman, the girl in the superhero suit, and the boy all laughing heartily. The background is a solid orange color.

It's time for Captain Drybed and Adam to leave. They have other children to help all over Bedtime Town.



As they fly away and look back through the bedroom window, they see words have magically appeared on the mug on Bella's bedside table.





Adam and Captain Drybed spend the next hour flying around Bedtime Town, checking on Mums and Dads saying goodnight to their children.

If they see a Mum or Dad getting angry with their son or daughter, Captain Drybed flies in to tell them that bedwetting is not their child's fault and to see their own family doctor, who can help.



After a few more visits they head back to Captain Drybed's den to enjoy some cake.

Well Adam- what do you think? Have you heard anything tonight that will help you?

Yes, thanks to our adventure I now know what to do to help make things better! It was also a lot of fun!



OK Adam; glad I could help. I hope you see now that children all over the world bedwet and, like them, it's not your fault!



And one last thing Adam, don't forget to talk to your family doctor when I'm not around.



And with that Adam found himself back in his own bed, ready to face another day and a future with dry nights.

**CAPTAIN  
DRYBED**

**Here to help  
bedwetting  
children**

**Over one thousand  
smiling faces**





WORLD BEDWETTING DAY

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TIME TO TAKE ACTION